



Womens Only Cycling

Saturday 23rd Jan, 11am – 1pm
Lister Park, North Park Road, Bradford BD9 4NS

*Not just
a ride; but a
social occasion*

First time?

Our Female Instructors will provide you with the skills and support to feel confident riding alone or in a group. We even provide the bikes, helmets and equipment; all you need is comfortable clothing.



For more information

call or text us on
07484 521 575

Adults £1
Juniors 50p



City of Bradford MDC
www.bradford.gov.uk

Name of club:	Womens Only Cycling
Lead Contact details: Contact Number: Email Address:	Fozia Naseem & Ann-Marie Smith 07484521575 Karla.Burton@BDSL.net
Club/Activity Address: Postcode:	Cycle Hub Next to Cartwright Hall North Park Road Bradford BD9 4NS
Sport(s) & activities on offer:	Womens only cycling is a social cycling group for Ladies and Girls who would like to learn or progress in cycling within a safe environment. Never ridden a bike before? We will teach you the basics around the bowling green and as a group we progress to a full ride around the park and even as a group on a planned route on the road.

	<p>You ride at your pace!</p> <p>We provide the Bikes, Helmets and protective gear so just bring yourself, a drink and some comfortable clothing.</p>
Session Details (Time/Day):	<p>We meet every Saturday 11am-1pm</p>
Who can attend (i.e. all disabilities / visually impaired):	<p>The session is for all women regardless of age and ability</p>
Cost:	<p>£1 Adults £0.50p Juniors</p>