



ADAM TASKER AND JUDGE ROGER THOMAS QC WITH RIDERS FOR THE HAMM TRIP IN 2016

Bradford Disability Sport & Leisure

Christmas Newsletter 2015

Issue 5



NEWS ROUND-UP

A milestone was reached in early October 2015 with BDSL becoming 30 years old.

Below is a quick summary of some of the key events in 2015 for BDSL.

World Games took place in Los Angeles in July, where our athletes James Crossley, Chris Woodhead & Helen Burton came back with 6 silver and 5 bronze medals.

Powerlifting Special Olympics National Games in Bradford, with a great team effort from everyone.

Ten Pin Bowling Special Olympics in Sheffield. We won 2 Gold, 2 Silver and 4 ribbons.

Swimming Gala in Harrogate where all competitors won medals.

THANK YOU TO ALL THE COACHES, VOLUNTEERS, PARENTS & CARERS WHO SUPPORT OUR ATHLETES!

Bradford - Hamm Cycle Ride taking place in June 2016. A group of disabled riders will make the trip to Hamm (twinned with Bradford) on a six day cycling challenge. Any support

including help with vehicles to carry the riders' cycles, specialist equipment and volunteering please get in contact.



Chris Woodhead - Powerlifting

There is going to be a **National Special Olympics Games in 2017**. This will be held in Sheffield from **August 17th - August 21st**. BDSL will be sending a total of 65 athletes and coaches. **The sports will be:** Cycling, Basketball, Athletics, Golf, Ten Pin Bowling, Football, Equestrian, Short Mat Bowls, Swimming.

Bradford Sports Awards
Active Bradford are presenting the inaugural Bradford Sports awards, celebrating sporting clubs, volunteers and heroes in 2015.

To purchase tickets visit www.activebradford.com/bsa/
The event will take place at The Bradford Hotel on Thursday 25th February 2016.

Disabled Children's Information Services provides a wealth of information on activities and sessions
www.bradford.gov.uk/NR/rdonlyres/C1B0F6B0-331F-4DD6-9769-52FE06D37F78/0/Summer2015Issue31.pdf

The Local Offer is a new way of giving children and young people with special educational needs and disabilities (SEND), and their parents or carers, information about activities and support - bringing everything together in one place. You can visit the website at: <https://localoffer.bradford.gov.uk/>



FACT FILE

9.4 million people are disabled. **72%** of disabled people don't take part in sport or physical activity - that's 86,000 disabled people, 20% of Bradford's population.

BDSL caters for over **300** people from 8 - 80 years old, in sport and leisure activities. We have the youngest population outside of London, and one of the largest black and ethnic minority representations in the country.

There are thought to be **over 1 million disabled BME people in the UK**, around **1 in 10** of all disabled people, but there is little doubt that this is an under-estimation due to the difficulties in measuring.

Fundraising for the year, supporting our many different physical activity sessions and athletes from grass roots to elite, has raised £30,000. This includes sponsored events, (bike rides, swimming, Biathlon, Special Olympic events) to name just a few.

Line Dancing over the last 4 years has raised £7,000 - next event is in July 2016.

SPECIAL MENTION

Congratulations to **Paul Jubb** who was nominated and won the BBC Sport Unsung Hero award for the Yorkshire region, for his work as head coach of Bradford Disability Football Club. As head coach at the club Paul runs coaching for both disabled children and adults, developing their skills on the pitch and fostering a love of the game. Through his coaching and support for the club he also ensures participants develop their personal and social skills as well as their independence. Paul will now head to the BBC Sports Personality of the Year with the 14 other regional winners who are each up for the BBC Unsung Hero of the

Year Award to be presented on the night! It's going to be an amazing experience to be at the awards with 7000 sold out seats at the Belfast SSE Arena! **THANKS AGAIN PAUL!** Read more in these links: www.bradfordcityfc.co.uk/news/article/bdfc-coach-wins-bbc-sport-unsung-hero-award-2817044.aspx#l6TRBhYiYJB1DobR.99

www.westridingfa.com/news/2013/nov/local-coaches-recognised-in-search-for-west-yorkshires-coach-of-the-year#yP1DHJyT7OPczFpc.99

COACHING OPPORTUNITIES & VOLUNTEERING

Volunteers make sport work. All over the UK, people give up their time to boost their communities in thousands of different ways. But you don't need to be a qualified coach to make a difference! Any contribution makes a difference! Here at BDSL we have opportunities to support coaches at our various sports clubs, assisting on our minibuses and becoming part of our management team.

Becoming a Trustee

Would you like to become involved in shaping BDSL and its development, and become part of the management team?

Transport

Drivers and passenger assistants needed to provide support on our minibuses!

If you are interested in any of the above and can give as little as a few hours a week, get in contact with us, we'd love to hear from you.

Creating Connections is offering a coaching bursary for anyone who is working with those with a disability. There is a short application process <http://wysport.sportsuite.co.uk/funding/352>

Volunteer coaches can go to www.wysport.co.uk/support-training/coaching/coaching/

For other types of volunteering go to www.wysport.co.uk/support-training/volunteering/join-volunteering-west-yorkshire/

or
Sports coach UK
www.sportscoachuk.org/
or
Volunteering
www.volunteering.org.uk

CHRISTMAS SESSIONS

All sessions will be finishing for the Christmas holidays. They will start back in the New Year. Please check on the website for opening dates

BDSL staff would like to wish you all a Merry Christmas and a Happy New Year!

CONTACT US

There are plenty of ways to get in contact and find out about all the day to day sporting activities.

Telephone:
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Website:
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