

Bradford Disability Sport Directory

From Bradford Disability Sport and Leisure (BDSL)



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This directory tells you about sports and activities you can do at clubs in and around Bradford, Keighley and Shipley

There are lots of other things you can do, such as competitions and charity events.



You can find out more about these on our website
www.bradforddisabilitysports.co.uk
and
www.wysport.co.uk/cc



If you would like your club to be listed in the next directory, please contact Andrew Lane at
andrew.lane@wysport.co.uk

Bradford Disability Sports Forum



A new Disability Sports Forum has started in Bradford for sports clubs. You can share your ideas and help to make more opportunities for people with a disability. To attend please contact Andrew Lane at andrew.lane@wysport.co.uk

People to contact at Bradford Disability Sports and Leisure



Dean Carroll
Development Officer



07903 519211



bsr@btconnect.com



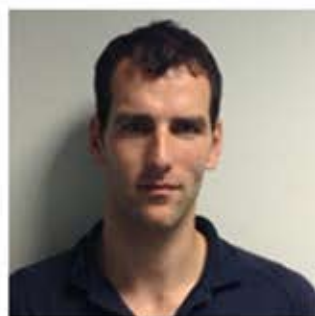
Andrew Lane
Development Officer



07964 209344



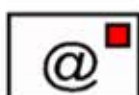
andrew.lane@wysport.co.uk



Steve Farleigh
Community Sports Coach



07534 924860



bsr3@btconnect.com



Barry Thorne
Publicity and Fundraising Officer



07423 431629



bsr1@btconnect.com



Sue Brook
Admin / Transport Officer



01274 437093



bsr2@btconnect.com

Name
Address

Monday Sports Academy
Bradford College,
Trinity Green Campus,
Easby Road,
Bradford, BD7 1QX

Day

Mondays



4.00pm until 5.00pm

What can I do
there?

Lots of sports, including...



Tennis



Dodge ball



Cricket



Football



Basketball

Who can come?



All disabilities

Age

12 years to 22 years

£ COST

Free



Steve Farleigh on 01274 437093



07534 924 860.



bsr3@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Monday Leisure Club
Richard Dunn Sports Centre,
Rooley Avenue,
Bradford, BD6 1EZ

Day

Monday



7.00 pm until 8.30 pm

What can I do
there ?

Lots of sports,
including



Badminton



Boccia



Swimming

Who can come?



All disabilities

Age

16 years or older

£ COST

Ring Kath Wooler to find out



Kath Wooler on 01274 662449



www.bradforddisabilitysports.co.uk

Name
Address

Pool and Snooker Club
Kingfisher Community Centre,
Braithwaite Avenue,
Keighley, BD22 6HZ

Day

Monday



7.00pm until 8.30pm

What can I do
there?



Snooker



Pool

Who can come?



All disabilities

Age

16 years and older

£ COST

£5 including transport



Dean Carroll on 01274 437093



07903 519211



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name

Physical Activity for Disabled People
(PAD) Project

Address

Richard Dunn Sports Centre,
Rooley Avenue,
Bradford, BD6 1EZ

Day

Tuesday



1.00pm to 2.00pm

What can I do
there?



Learn about healthy eating and healthy
living. Exercise classes.

Who can come?



All disabilities

Age

16 years or older

£ COST

Free



Mary Parkinson on 07940 585692



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Basketball All Stars
Manningham Sports Centre,
Carlisle Road,
Bradford, BD8 8DB

Day

Tuesday



4.00pm until 5.00pm

What can I do
there?



Open to regular
players and new
players

Basketball

Who can come?



All disabilities

Age

8 years or older

£ COST

£3.50



Steve Farleigh on 01274 437093



07534 924 860.



bsr3@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Swimming
Shipley Swimming Pool,
Alexandra Road,
Shipley, BD18 3ER

Day

Tuesday



4.00pm until 6.00pm

What can I do
there?



Training and
chance to
enter competitions

Swimming

Who can come?



All disabilities

Age

10 years or older

£ COST

£3.50



Dean Carroll on 01274 437093



07903 519211



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Cricket
Hanson Academy,
Swain House,
Sutton Avenue,
Bradford, BD2 1JP

Day

Tuesday



3.00pm until 4.00pm

What can I do
there?



Cricket

Who can come?



Visually impaired

Age

8 years or older

£ COST

Free



Andrew Lane on 01274 437093



07425 621459



andrew.lane@wysport.co.uk



www.bradforddisabilitysports.co.uk

Name
Address

Keighley Sports Academy
University Academy Keighley,
Green Head Road,
Keighley, BD20 6EB

Day

Wednesday



3.30pm to 4.30pm

What can I do
there?



Cricket



Badminton



Hockey



Golf

Who can come?



All disabilities

Age

8 years to 22 years

£ COST

Free



Steve Farleigh on 01274 437093



07534 924 860.



bsr3@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Paralympics Club
University Academy Keighley,
Green Head Road,
Keighley, BD20 6EB

Day

Wednesday



4.30pm to 6.00pm

What can I do
there?



Athletics



Boccia



Basketball



Rugby



Archery

Who can come?



All disabilities

Age

10 years to 24 years

£ COST

£2.50



Andrew Lane on 01274 437093



07964 209344



andrew.lane@wysport.co.uk



www.bradforddisabilitysports.co.uk

Name
Address

Karate Club
University Academy Keighley,
Green Head Road,
Keighley, BD20 6EB

Day

Wednesday



4.30pm to 5.30pm

What can I do
there?



Karate - all levels

Who can come?



All disabilities

Age

12 years or older

£ COST

£5.00.



Steve Farleigh on 01274 437093



07534 924 860.



bsr3@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Athletics Training
University Academy Keighley,
Green Head Road,
Keighley, BD20 6EB

Day

Wednesday



5.30pm to 7pm

What can I do
there?



Athletics

Who can come?



All disabilities

Age

8 years or older

£ COST

Talk to Steve for information.



Steve Farleigh on 01274 437093



07534 924 860.



bsr3@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Bradford PHAB Club
1 Garden Terrace,
Bradford, BD9 4AA

Day

Every other Wednesday



7.00pm to 9.00pm

What can I do
there?



Table Tennis
and other activities

Swimming

Who can come?



Physically disabled

Age

6 years and older

£ COST

£1



Akbar Khan or Ijaz Khan on 07850 964864
(only between 6pm and 9pm)



jijjy@hotmail.co.uk



www.bradfordphabclub.org.uk

Name
Address

Wednesday Leisure Club
Keighley Leisure Centre,
Hard Ings Road,
Victoria Park,
Keighley, BD21 3JN

Day

Wednesday



7.00pm to 9.00pm

What can I do
there?



Badminton



Boccia



Dance



Drama

Who can come?



All disabilities

Age

13 years or older

£ COST

£5.50



Jackie McDonald on 01535 661084



www.bradforddisabilitysports.co.uk

Name
Address

Bradford Jets Wheelchair Basketball
Grange Interlink Community Centre,
Summerville Road,
Bradford, BD7 1PX

Day

Wednesday



6.00pm until 7.30pm

What can I do
there?



Wheelchair basketball

Who can come?



Everyone, with or without disabilities

Age

8 years or older

£ COST

Ask Mathew for details



mathew-micklethwaite@sky.com



www.bradforddisabilitysports.co.uk

Name

Physical Activity for Disabled People
(PAD) Project

Address

Bradford College,
Trinity Campus,
Easby Road,
Bradford, BD7 1QX

Day

Thursday



1.00pm to 2.00pm

What can I do
there?



Learn about healthy eating and healthy
living. Exercise classes.

Who can come?



All disabilities

Age

16 years or older



COST

Free



Mary Parkinson on 079 405 85692



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Powerlifting
Workouts Shipley,
Wharf Street,
Shipley, BD17 7DW

Day

Thursday



7.00pm until 8.00pm

What can I do
there?



Powerlifting training and chance
to enter competitions

Who can come ?



People with a
learning disability

Age

16 years or older

£ COST

£3



Dean Carroll on 01274 437093



07903 519211



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Tennis
Beckfoot School,
Wagon Lane,
Bingley, BD16 1EE

Day

Friday



5.00pm until 6.00pm

What can I do
there?



Tennis

Who can come?



Physically disabled

Age

8 years or older

£ COST

Free



Andrew Lane on 01274 437093



07964 209344



andrew.lane@wysport.co.uk



www.bradforddisabilitysports.co.uk

Name
Address

Haworth Hawks Table Tennis Club
Keighley Table Tennis Centre,
2nd Floor,
Keighley Business Centre,
South Street,
Keighley, BD21 1SY

Day

Friday



5.50pm until 7.00pm for beginners



7.00pm until 8.30pm for advanced

What can I do
there?



Table Tennis.
Play with friends
or in competitions

Who can come?



All disabilities

Age

All ages

£ COST

£5 membership, then
£2.50 per session



07766 428307



Info@HaworthHawks.co.uk



www.haworthhawks.co.uk

Name
Address

Bradford Disability Football Club
Bradford College,
Trinity Green Campus,
Easby Road,
Bradford, BD7 1QX

Day

Friday



6.30pm until 8.30pm

What can I do
there?



Football training and
games. You can join
a team.

Who can come?



Physical and learning disabilities

Age

8 years or older

£ COST

Ask Paul for details



Paul Jubb on 01274 706850



07845 568226



info@bradforddfc.co.uk



www.bradforddfc.co.uk

Name
Address

Bradford Jets Wheelchair Basketball
Grange Interlink Community Centre,
Summerville Road,
Bradford, BD7 1PX

Day

Friday



6.30pm until 8.00pm

What can I do
there?



Wheelchair basketball

Who can come?



Everyone, with or without disabilities

Age

8 years or older

£ COST

Ask Mathew for details



Mathew-micklethwaite@sky.com



www.bradforddisabilitysports.co.uk

Name
Address

Fast Bats Table Tennis Club
Ilkley Grammar School,
Cowpasture Road,
Ilkley, LS29 8TR

Day

Friday



7.00pm to 10.00pm

What can I do
there?



Play with friends
or in competitions

Who can come?



All disabilities

Age

8 years or older



COST

£3 per session



David Adams on 07771 622727



david@lindley-adams.co.uk



www.parasport.co.uk

Name
Address

Fast Bats Table Tennis Club
Ilkley Grammar School,
Cowpasture Road,
Ilkley, LS29 8TR

Day

Saturday



9.00am to 12.00pm

What can I do
there?



Play with friends
or in competitions

Who can come?



All disabilities

Age

8 years or older



COST

£3 per session



David Adams on 07771 622727



david@lindley-adams.co.uk



www.parasport.co.uk

Name
Address

Ten Pin Bowling
Hollywood Bowl,
The Leisure Exchange,
Bradford, BD1 5LD

Day

Saturday



9.30am to 11.30am

What can I do
there?



Who can come?



All disabilities

Age

8 years or older



COST

£3.50 per session



Dean Carroll on 01274 437093



07903 519211



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Cycle Club
Lister Park,
Bradford, BD9 4JN

Day

Saturday



10.00am until 12.00pm

What can I do
there?



Cycling

Who can come?



All disabilities

Age

8 years or older

£ COST

Free



Dean Carroll on 01274 437093



07903 519211



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Bumble Bees Barbarians
Bradford and Bingley Sports Club,
Wagon Lane,
Bingley, BD16 1LT

Day

Saturday



10.15am until 12.00pm

What can I do
there?



Play full contact
rugby union.

Who can come?



Everyone, with or without disabilities

Age

£ COST

£15 membership then free training sessions



Mark Goodwin on 07914 345004



gooders123@talktalk.net or
info@bumblesrugby.co.uk



www.bumblesrugby.co.uk

Name
Address

Saturday Junior Academy
Nab Wood Sports Centre,
Cottingley New Road,
Bingley, BD16 1TZ

Day

Saturday



11.00am until 1.00pm

What can I do
there?



Lots of activities.
All levels of ability
are welcome.

Tennis



Cricket



Football



Basketball

Who can come?



All disabilities

Age

8 years to 18 years

£ COST

£3



Andrew Lane on 01274 437093



07964 209344



andrew.lane@wysport.co.uk



www.bradforddisabilitysports.co.uk

Name
Address

Bradford Powerchair Football Club
Grange Interlink Community Centre,
Summerville Road,
Bradford, BD7 1PX

Day

Every other Saturday



2.00pm until 4.00pm

What can I do
there?



Powerchair
football

Who can come?



Age

8 years or older



COST

Free



Andrew Lane on 01274 437093



07964 209344



andrew.lane@wysport.co.uk



www.bradforddisabilitysports.co.uk

Name
Address

Bradford Disability Football Club
Bradford College,
Trinity Green Campus,
Easby Road,
Bradford, BD7 1QX

Day

Sunday



10.00am until 12.00pm

What can I do
there?



Football training and
games. You can join
a team.

Who can come?



All disabilities

Age

8 years or older

£ COST

Ask Paul for details



Paul Jubb on 01274 706850



07845 568226



info@bradforddfc.co.uk



www.bradforddfc.co.uk

Name
Address

Powerlifting
Armley Prison,
2 Gloucester Terrace,
Leeds, LS12 2TG

Day

Sunday



10.00am until 11.00am

What can I do
there?



Powerlifting training and chance
to enter competitions

Who can come ?



People with a
learning disability

Age

12 years or older

£ COST

£3



Dean Carroll on 01274 437093



07903 519211



bsr@btconnect.com



www.bradforddisabilitysports.co.uk

Name
Address

Haworth Riding for the Disabled
Vale Mill Lane Stables,
Vale Mill Lane,
Haworth, BD22 0EF

Day

Every day apart from Sunday

What can I do
there?



Horse riding

Who can come?



Physical and learning disabilities

Age

All ages

£ COST

£8 for a group lesson
£11 for a lesson on your own



Jackie Butterfield on 01535 649448



jackie@haworthrda.co.uk



www.haworthrda.co.uk

Name Keighley Table Tennis and Recreation Centre
Address Keighley Table Tennis Centre
2nd Floor
Keighley Business Centre
South Street
Keighley BD21 1SY
Day Open all day, every day

What can I do there?



Table Tennis.

Who can come?



All disabilities

Age

All ages



COST

£8 a month membership



01535 872029



www.keighleytabletennis.co.uk

Name
Address

Throstle Nest Riding for the Disabled
Throstle Nest Farm,
Fagley Lane,
Eccleshill,
Bradford, BD2 3NU

Day

Every day apart from Tuesday

What can I do
there?



Horse riding

Who can come?



All disabilities. Ramps for wheelchair users

Age

All ages



COST

It depends on how long you
want to ride. Ask the club for prices



Jeannette Wheeler on 01274 639390



tnrda@yahoo.com

How to get in touch with Bradford Disability Sport and Leisure



You can write to us at
Bradford Disability Sport and Leisure
Shipley Town Hall
Kirkgate
Shipley
West Yorkshire
BD18 3LT



You can telephone us on

01274 437093



You can follow or tweet us
on twitter :

@bradfordcharity



www.bradforddisability.sports.co.uk



Shipley Town Hall



Here are some useful websites where you can find out more about sports for people with disabilities.

Bradford Disability Sport and Leisure

www.bradforddisabilitysports.co.uk

British Blind Sports & Links

www.britishblindsports.org.uk

www.goalballuk.com

www.actionforblindpeople.org.uk

Dwarf Sports Association United Kingdom

www.dsauk.org

EFDS - English Federation of Disability Sport

www.efds.co.uk

FDSO - Federation of Disability Sports Organisations

www.fdsso.co.uk

Great Britain Paralympics

www.paralympics.org.uk

Mencap Sport

www.mencap.org.uk

Scope

www.scope.co.uk

Special Olympics

www.specialolympics.org

Sport England

www.sportengland.org

UK Deaf Sport

www.ukdeafsport.org.uk

West Yorkshire Sport

www.wysport.co.uk

Wheel Power - British Wheelchair Sport

www.wheelpower.org.uk